

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Backer Ruben

Coaches: Lesceu Philippe

Coaches: De Backer Nele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:11, starttime: 10:28
Heat: 11/20 Lane : 4 Athlete: VAN DEN TROOST AMY					Q-time: 02:58:40
PB (50m pool): 03:16.96 Seraing 25/01/2026					PB (25m pool): 02:58.40 SB: 03:16.96 Seraing 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:37.50	02:34.45	03:16.96	
	no time		00:56.95	00:42.51	
					

Coach feedback: